

Living and Leading From The Inside – Out



KELLY GALLANT CONSULTING
VALUING HUMAN DIFFERENCES

March 2016

My intentions for possibilities:

- To create a **safe climate** for mutual sharing; (*Empowering learning cultures*)
- To inspire collective action for **self awareness**; (*Best Possible Self*)
- To facilitate **energy and attention into your personal values** and your internal reality; (*Being Mindful & Conscious*)
- To explore **values, beliefs and behaviors**; (*Congruence & Alignment Discovery*)
- To share how emergent learning about values has changed my life and has shaped a means to **give back to the world**; (*Making a Difference*)
- To motivate your enduring role and **service to humanity**; (*Self-less Service*)

ACTIVITY #1



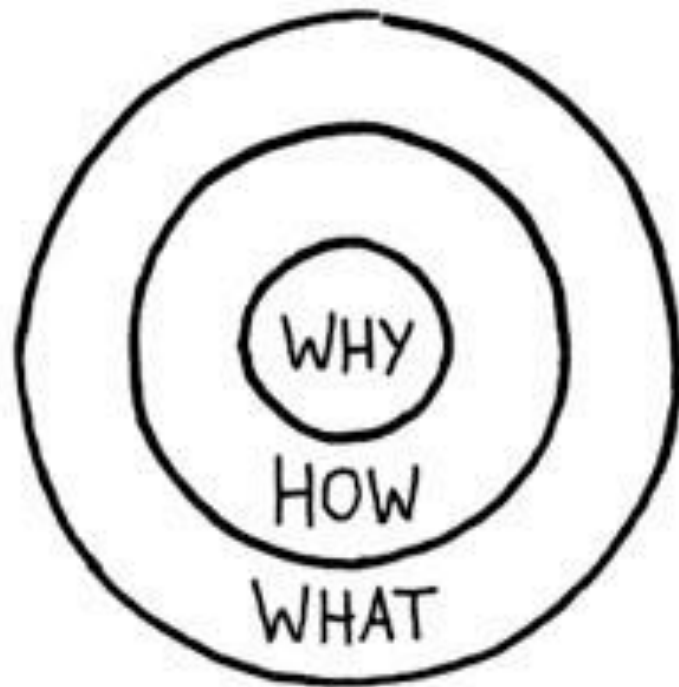
The Golden Circle Concept (Simon Sinek)

- Start with the Why? “Why do you do what you do? (Inside – Out)”

*“People don’t buy **what** you do; people buy **why** you do it.”*

~Simon Sinek

The Golden Circle



What

Every organization on the planet knows WHAT they do. These are products they sell or the services they offer.

How

Some organizations know HOW they do it. These are the things that make them special or set them apart from their competition.

Why

Very few organizations know WHY they do what they do. WHY is not about making money. That's a result. It's a purpose, cause or belief. It's the very reason your organization exists.

START WITH WHY?

My service is to help people - being the human side of business;

Why? **FOR HUMANITY**

My business focuses on the freedom of values and talent, the function of a leader and the fortifying of partnerships.

My Mission

My business aspires to leverage career development, coaching with training and development as drivers to *employ, engage* and *empower learning* and leadership *for work* and *at work*.

My mission is about helping others to identify, appreciate and unleash their greatest talents and potential which has EVERYTHING to do with values and my own service to humanity.

My Core Values:

Safety, Integrity, Continuous Learning, Creativity, Wellness

LEADING SELF



Kelly's Philosophia (Friend of Wisdom)

“It’s not just about WHAT you do, it’s WHAT you stand for; it is about WHO you are, HOW you do what you do and starting with the WHY you do what you do!”

Kelly Gallant



Question 1:
What is the story that you tell the world about yourself?



[Photo Credit:](#)

<https://sites.temple.edu/libraryresearch/2015/05/15/answer-of-the-week-philosophical-questions-get-answers/>

Unknown original

ACTIVITY #2

“THE AUTOBIOGRAPHY OF ANYTHING”

(CHALLENGE + CHOICE)

What is your leadership story?

- How do you *interpret a challenge* and *make a choice*?
- Where is your *attention and energy* spent?
- Who/What do you see as the advocate/enemy?
- Do you download and debate in conversation or is there dialogue?
- Do you get frozen – stuck in old patterns?
- What are your sources of strength?
- Do you understand your own defenses?
- What is your readiness to “unlearn” about yourself?
- Can you “Walk Naked into the Land of Uncertainty?” (R, Quinn, 1996. Deep Change).
- Do you have a “blind spot?” – “*What is it?*”

VALUES ARE LIKE FINGERPRINTS...



“Values are like fingerprints.
Nobody's are the same, but you leave 'em all over everything you do”

Elvis Presley

Values-Based Inquiry – *What is important to us?*

WHAT ARE VALUES

- Values are the *“energetic containers of our aspirations and intentions.”* ~ Richard Barrett

WHAT DO VALUES MEAN

- Values could *source certainty in an uncertain world.*

WHY DO VALUES MATTER

- Values *can be positive or they can be potentially limiting.*

WHAT DO VALUES SAY ABOUT YOU

- *“Values may hold us up or hold us back.”* KG

Playtime: How do we show up?

ACTIVITY #3

Fear or Freedom

Dare To Deconstruct: Values Identification and Development

PAST

Achievement

Competition

Health

Charity

Adventure

Justice

Loyalty

Inspiration

Education

Religion

PRESENT

Accomplishment (3)

Coaching (6)

Well-Being

Professional Growth (3)

Humor & Fun (5)

Safety (1)

Integrity (5)

Creativity (5)

Continuous Learning (4)

Making a Difference (6)

POTENTIAL

Mastery / Expertise

Mentoring

Happiness

Humanity

Mission

Welfare

Ethics

Vision

Wisdom

Spirituality

* Observations of shift in maturity and mindset in Values Identification, Clarification and Development (Kelly Gallant)

ACTIVITY

VALUES IDENTIFICATION OR: VALUES DEVELOPMENT

BARRETT VALUES CENTRE
WWW.VALUESCENTRE.COM

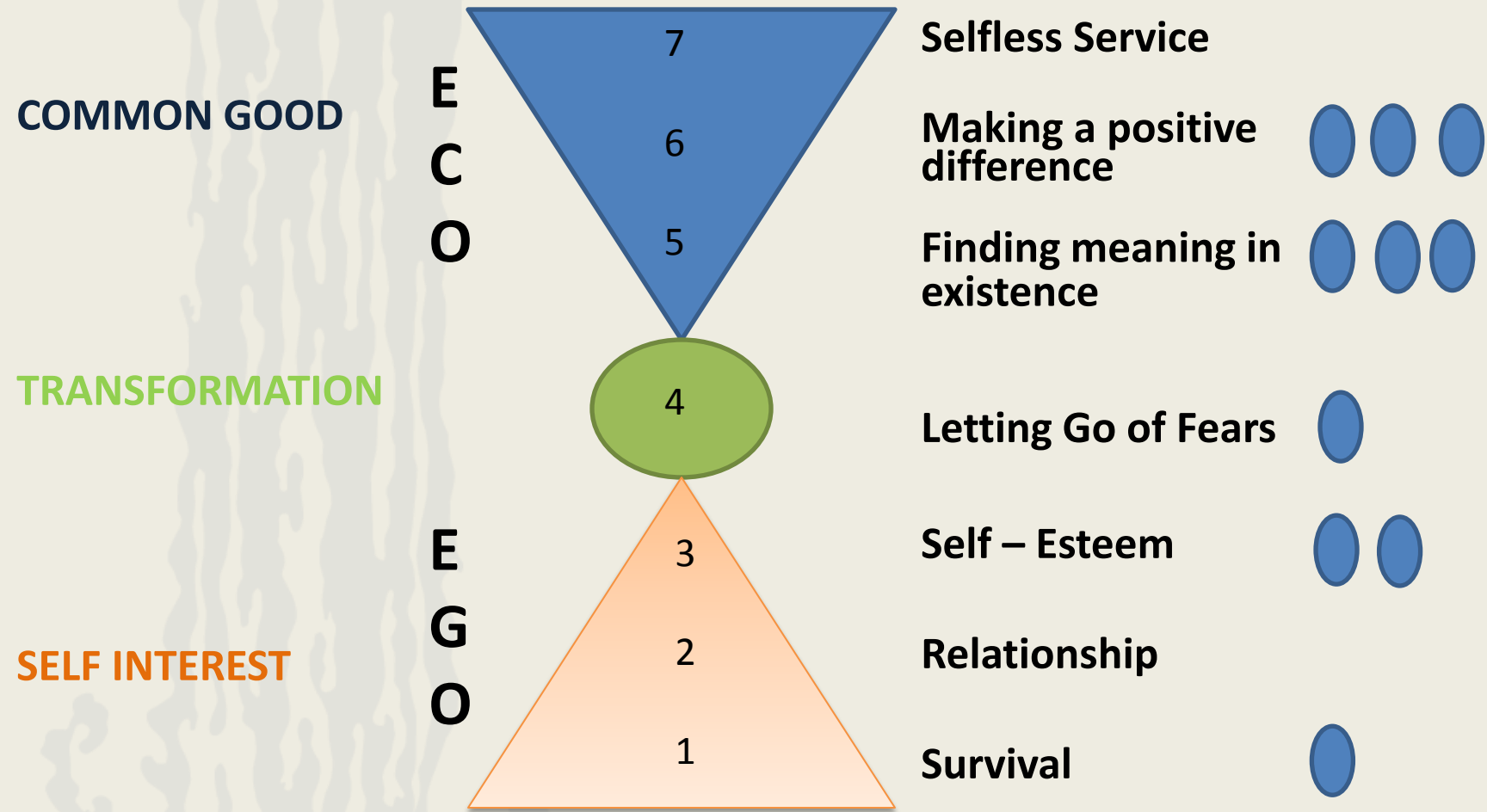
“I believe that values identification and development supports us to lead and live a more purposeful and integral life. In the process of acquiring a *values system* within my reality and existence, I internalized and gained permission to focus on the inside of me, for the means of the outside world; I call it, “*My Mindful Deliberance.*” ~ K.G.

THE BARRETT MODEL

Seven Levels of Personal Consciousness



Barrett Seven Levels of Consciousness Model



PERSONAL VALUES ASSESSMENT #1 SEPTEMBER 2016

Diagram was adapted to represent the original results of Barrett's' Seven Levels of Consciousness Model

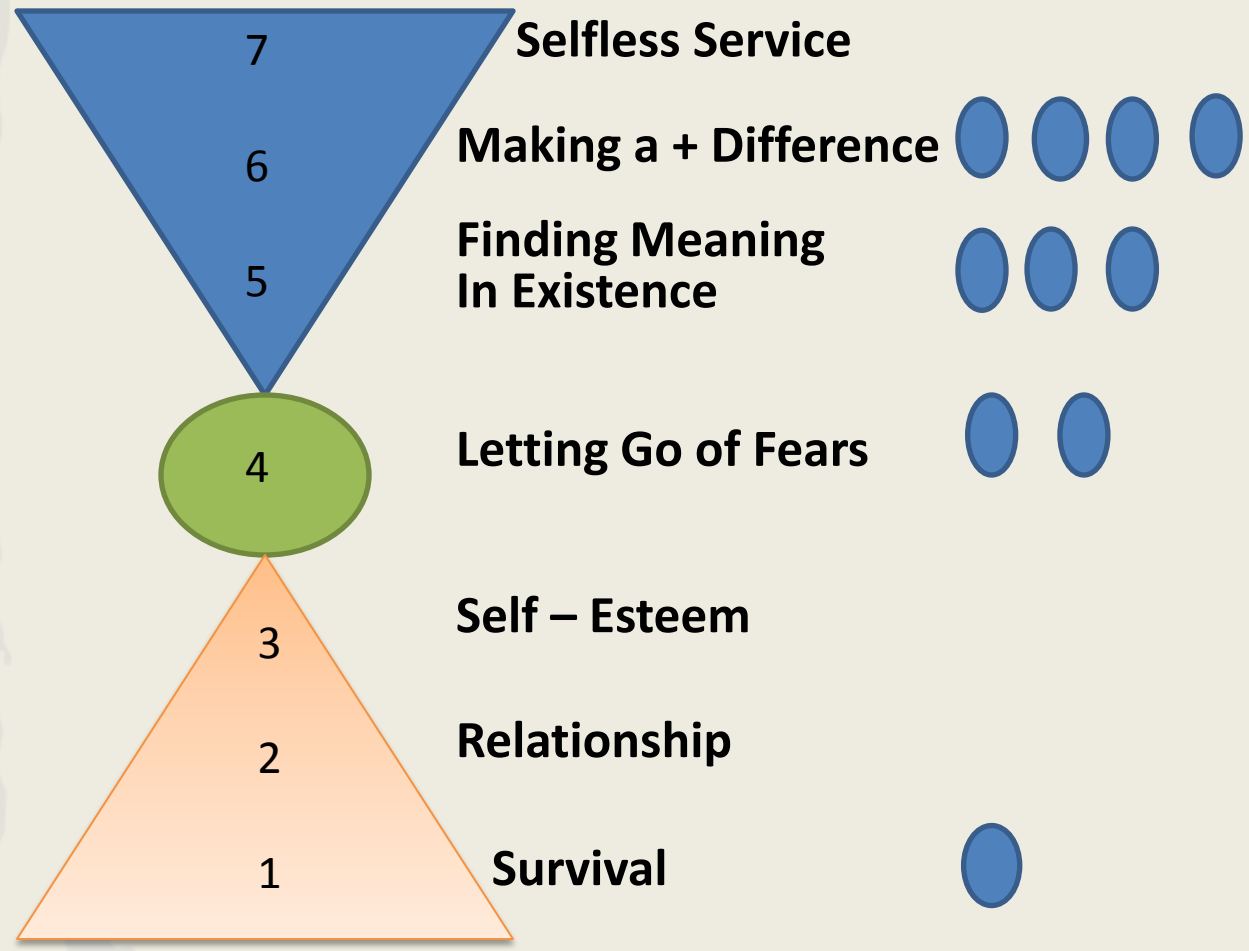
www.valuescentre.com

Barrett Seven Levels of Consciousness Model

COMMON GOOD

TRANSFORMATION

SELF INTEREST



PERSONAL VALUES ASSESSMENT #2 APRIL 2017 (8 MONTHS LATER)

Diagram was adapted to represent the original results of Barrett's' Seven Levels of Consciousness Model
www.valuescentre.com

The Best For the World



heyoscarwilde.tumblr.com

- Charles M. Schulz art by Charles M. Schulz :: scanned from Peanuts Treasury :: Holt, Rinehart and Winston :: 1969

ACTIVITY

Viva voce

I With living voice

I am...
I believe...
I have...
I know...
I feel...
I need...
I think...
I want...
I promise...
I can...
I will...



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